



CLASSICAL BARR GRILL BOX

Three amazing flavors of lamb tikka, shish tawook, lamb kabab along with condiments (enough for 3-4 persons)

Nutrition Facts Per Serving: Calories 1800, Protein 85g, Carbs 176g, Fat 93g

Cooking process and additional ingredients added at home will affect the total value.

Cooking Time: 20 min



INGREDIENTS

3 flavors of Lamb & Chicken – 5
skewers each

Onion, Garlic, & Ginger

Tomato, Tomato Paste

Capsicum

Olive Oil

Lemon Juice & zest

Apple Cider Vinegar

Chili paste

3 condiments: Muhammara, Bewaz

& Garlic Mayo

Pita Bread

METHOD

1. A package of 3 traditional Levantine flavors – 5 skewers each:
 - Traditional lamb
 - Shish tawook
 - Traditional lamb kabab
2. Grill ready skewers over red hot charcoal or gas grill 8 – 10 minutes on each side or as preferred.
3. Enjoy with provided condiments, which are:
 - *Muhammara*: spicy dip made from bread crumbs, chili paste, olive oil, onions, pomegranate molasses and walnuts
 - *Bewaz*: made with fresh parsley, sliced onions, sumac and olive oil
 - *Garlic dip*: made with mayo, garlic, and other ingredients.

BON APPETIT