



DATES & GREENS SALAD WITH PARMIGIANO REGGIANO

Nutrition Facts Per Serving: Calories 1019, Protein 22g, Carbs 61g, Fat 79g

Cooking process and additional ingredients added at home will affect the total value.

Preparation Time: 10 min, Cooking Time: 90 min



Sag'i Dates

Parmigiano Reggiano Cheese

Urugula

Lettuce

Green Onion

Slivered Almonds

Dressing (Loomi juice, Salt, Olive

Oil, Sumac, Dry Dill)

METHOD

- 1. Place chopped greens, onions, dates, almonds, & cheese in a deep bowl.
- 2. Shake dressing to homogenize, then add to mixture.
- 3. Toss to coat. Serve immediately.

